

COUNSELLOR RESPONSIBILITIES

1

CLIENT BOUNDARIES

- 1.Length of sessions.
- 2.General tone of the relationship.
- 3.Disclosure of information.

It is the counsellor's responsibility to guide the sessions; thereby impress the value and benefit of counselling for the client.



2

LISTENING

Counsellors listen to, empathise with, encourage and help to empower individuals.

Clients listen to counsellors' guidance to overturn unhelpful mindsets and practises.



3

IDEATE

Counsellors help clients solve problems and ideate problem-solving skills. Usually, this is done by helping the client clarify issues and explore their options.

Clients provide complete information about their illness/ problem; to enable proper ideation for their recovery.



4

RECOGNISE

Counsellors recognize that the intense feelings that can rise in the counselling session can often challenge a counsellor's personal and professional boundaries.

Clients understand the serious effects of their own personal power, and must recognise the boundaries of the counselling profession-seriously.



5

EVALUATE

Counsellors use a tool, often called a 'scale' or 'instrument'. This can help measure clients' changes in numbers.

Alternatively, counsellors can use a client's story to create a case study.

