



# Christos Counselling

## ***Codes of Ethics and Practice***

1

Obtain informed consent from clients entering a counseling relationship.

2

Respect a client's confidentiality and privacy.

3

Explain to clients what the counseling relationship entails (fees, group work, and termination).

4

Be cognizant of client's culture, values, and beliefs.

5

Uphold full integrity and respect related to professional competencies.

Clearly, the Code of Ethics and Practice applies to Counsellors' work-related activities. With high standards of ethical conduct, counsellors and psychotherapists are supported to protect clients from harm; thereby optimising client recovery and healing.

